



Lynden Elementary Breakfast and Lunch Menu
 This institution is an equal opportunity provider and employer.



Every complete meal we serve includes your choice of low fat white or nonfat chocolate

AVAILABLE DAILY GARDEN BAR

Veggies offered may include:
 Broccoli, Cauliflower, Carrots,
 Cucumbers, Celery and
 Mixed Greens
 Corn & Bean Salsa



Fruit offered may include:
 Peaches, Pears, Apples,
 Oranges, Bananas, Applesauce,
 Strawberries, Blueberries
 Applesauce

MEAL APPLICATIONS

A new application needs to be filled out every school year.

One application can be filled out for all children in your household.

Please turn in ASAP to get your child qualified
 Applications are available
 at all school offices or online.

Questions Call 360-354-7579

Thursday, August 31

Breakfast

WG Granola Bar
 Cereal

Lunch

Chicken Nuggets
 WG Grahams
 Fruit/Veggie Bar
 1% White Milk
 N/F Chocolate Milk

Friday, September 1

Breakfast

WG Cereal Bar
 Yogurt

Lunch

WG Cheese Pizza
 WG Pepperoni Pizza
 Fruit/Veggie Bar
 1% White Milk
 N/F Chocolate Milk



Tuesday, September 5

WG Cinnamon Crackers
 Yogurt or Cereal

Lunch

WG Corn Dog
 Baked Potato Smiles
 Fruit/Veggie Bar
 1% White Milk
 N/F Chocolate Milk

Wed., September 6

WG Granola Bar
 Cereal

Lunch

French Toast
 Savory Sausage
 Strawberries
 Fruit/Veggie Bar
 1% White Milk
 N/F Chocolate Milk

LATE ARRIVAL

Thursday, September 7

WG Pancake on Stick
 Cereal

Lunch

Max Cheese Sticks
 Caesar Salad
 Dipping Sauce
 Fruit/Veggie Bar
 1% White Milk
 N/F Chocolate Milk

Friday, September 8

WG Cereal Bar
 Yogurt

Lunch

WG Cheese Pizza
 WG Pepperoni Pizza
 Mixed Greens/Beans
 Fruit/Veggie Bar
 1% White Milk
 N/F Chocolate Milk

Fruit Icy

PRICES

	Breakfast	Lunch
Full Paid	\$1.50	\$2.75
Reduced K-3	Free	Free
Reduced 4-5	Free	.40
Free K-5	Free	Free

Online Deposits

Call 354-7579 for more information

Monday, September 11

Breakfast

WG Cinnamon Crackers
Yogurt or Cereal

Lunch

Chicken Nuggets
WG Grahams
Fruit & Veggie Bar
1% Milk or
Non-Fat Chocolate Milk

Tuesday, September 12

Breakfast

WG Breakfast Pizza
Cereal

Lunch

Hot Dog - WG Bun
Baked Tater Tots
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate Milk

Wed., September 13

Breakfast

WG Granola Bar

Lunch

BBQ Rib Hoagie
Crunchy Coleslaw
Fruit & Veggie Bar
1% Milk or
Non-Fat Chocolate Milk

LATE ARRIVAL

Thursday, September 14

Breakfast

WG Breakfast Sandwich
Cereal

Lunch

Teriyaki Chicken
WG Rice
Pineapple
Fruit & Veggie Bar
1% Skim Milk
Non-Fat Chocolate Milk

Friday, September 15

Breakfast

WG Cereal Bar
Yogurt

Lunch

WG Cheese Pizza
WG Pepperoni Pizza
Fruit & Veggie Bar
1% Milk or
Non-Fat Chocolate Milk

Did You Know?

Meal Applications
Can be processed any
through out the
school year!

Monday, September 18

Breakfast

WG Cinnamon Crackers
Yogurt or Cereal

Lunch

Chicken Nuggets
WG Grahams
Fruit & Veggie Bar
1% Milk or
Non-Fat Chocolate Milk

Tuesday, September 19

Breakfast

WG Breakfast Burrito
Cereal

Lunch

French Toast Sticks
Savory Sausage
Strawberries
Fruit & Veggie Bar
1% Milk or
Non-Fat Chocolate Milk

Wed., September 20

Breakfast

WG Granola Bar

Lunch

Max Cheese Sticks
Caesar Salad
Fruit & Veggie Bar
1% Milk or
Non-Fat Chocolate Milk

LATE ARRIVAL

Thursday, September 21

Breakfast

WG Pancake on Stick
Cereal

Lunch

WG Corn Dog
Baked Smiles
Fruit/Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

Harvest of Month

Friday, September 22

Breakfast

WG Breakfast Round
Yogurt

Lunch

WG Cheese Pizza
WG Pepperoni Pizza
Fruit & Veggie Bar
1% Milk or
Non-Fat Chocolate Milk



Monday, September 25

Breakfast

WG Cinnamon Crackers
Yogurt or Cereal

Lunch

Chicken Nuggets
Sport Bite Crackers
Fruit & Veggie Bar
1% Milk or
Non-Fat Chocolate Milk

Tuesday, September 26

Breakfast

WG Breakfast Pizza
Cereal

Lunch

Mini Twin Burgers
Baked Tots
Fruit & Veggie Bar
1% Milk or
Non-Fat Chocolate Milk

Wed, September 27

Breakfast

WG Granola Bar

Lunch

Deluxe Nachos
Bean & Corn Salsa
Fruit & Veggie Bar
1% Milk or
Non-Fat Chocolate Milk

LATE ARRIVAL

Thursday, September 28

Breakfast

WG Breakfast Round
Cereal

Lunch

WG Cheese Pizza
WG Pepperoni Pizza
Fruit & Veggie Bar
1% Milk or
Non-Fat Chocolate Milk

Friday, September 29

Breakfast

WG Cereal Bar
Yogurt

Lunch

PB&J Pocket
WG Bagel
Sun Chips
Fruit/Veggie Bar
1% White Milk
Non-Fat Chocolate Milk

VEGETABLE

Cucumber

Why are cucumbers so "cool"?

Because they're so good for you! But don't cut off the skin -- the skin contains vitamins A, C, K, B1, B2, B3, B5, B6, Folic Acid, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc!

OF THE MONTH